

CERTIFICATE OF PARTICIPATION

This is to certify that

Quintin Louw

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:00:08

PACE 06:00/km

OVERALL 87 of 287

GENDER 63 of 157

**SENIOR (20- 32 of 65
39)**

04 December 2016, Sun

Date



BoutTime

Signature

